

A Team Approach to Helping People with Parkinson's Disease

May 2014

Parkinson's disease is a progressive neurologic disorder. While it is mainly known as a movement disorder, there are also other challenges experienced.

When Jan Homan, RN met "Phil," he was living alone. He was unable to manage his mail, shop or maintain his home and had difficulty managing his Parkinson's medication. Today Jan monitors Phil's health, accompanies him to medical appointments, manages his medication and coordinates physical therapy.

Katie Moores, Associate Care Manager, helped Phil with his mail and established inhome support services. Once Phil's immediate needs were met, our team worked together with him to develop a long-term plan. Since he was isolated in his home, Katie helped Phil choose an assisted living facility and coordinated his move.



Katie Moores, Associate

Phil now has peace of mind knowing that, as his needs increase, he will receive the care he needs.

To learn more about Parkinson's disease visit the <u>Parkinson's Disease Foundation</u>. Our care managers are knowledgeable about the issues and challenges faced by those coping with Parkinson's disease. Our Clinical Director, Miriam Oliensis-Torres, facilitates a monthly support group for spouses of those living with Parkinson's. For more information go to <u>www.caremanagedhomecare.com</u>.

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4485 North Oakland Avenue | Milwaukee, WI 53211 1800 East Main Street | Waukesha, WI 53186 414-963-2600 inquiry@caremanagedhomecare.com | www.caremanagedhomecare.com

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