



Stowell Associates  
Care-Managed Home Care  
414.963.2600



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## Chronic Care Management Makes A Difference

April 2014



Jan Homan, RN Care Manager

Jim has had two hospitalizations in the past six months for heart failure. He occasionally skips his water pill, eats processed foods that are high in salt, forgets to weigh himself daily and skips his doctor's appointments because he is afraid of falling on the ice.

One night he woke up coughing, wheezing and feeling like he couldn't breathe. He called 911 and was hospitalized again. This time he was referred to Stowell Associates for chronic care management.

Jan Homan, RN Care Manager, worked with

Jim to develop a personalized plan of care which included medication management, coordination of his health care and caregiving services. Stowell Associates' caregivers prepare healthy meals that he can heat up later, weigh him and accompany him to appointments so he feels safe. Jan makes routine home visits to assess Jim's blood pressure, heart and lung sounds, edema and activity level. She also monitors and supervises the care provided by his caregivers. Jan keeps Jim's doctor informed of changes in Jim's health so that he can make any necessary adjustments to Jim's medications. This team effort has kept Jim out of the emergency room and hospital for the past year.

Read "[Emergency Rooms are no Place for the Elderly](#)" by Dr. Pauline W. Chen, *New York Times*, which further describes why Jan Homan's chronic care management with Jim is such a valuable service.

*Since 1983 improving the quality of the day to day lives of our clients and their families in ways both small and large. Nationally Accredited by the Joint Commission. Locally owned by professional social workers who are leaders locally and nationally. Recognized as a Top Workplace 2011-2013 receiving Best in Class and a Special Leadership Award (2011) and Training Award (2012). Torch Award recipient for Business Ethics and Integrity from the Wisconsin Better Business Bureau (2004).*

### Stowell Associates

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